

YOGA Retreat weekends

as seen on RTÉ Nationwide



Complete Eco Package

- Yoga & Meditation classes
- Organized outdoor trips
- Delicious Vegetarian meals
- Beautiful Yoga Centre

www.BurrenYoga.com

Burren Yoga & Meditation Centre
Kinvara sea-side village
Co Galway, Ireland

Amazing location **The Burren**

Suitable for
Beginners
or advanced

All prices reduced to those in 2007

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| Jan 27 - 29 | Satyananda Yoga & Meditation | Dave Brocklebank |
| Feb 03 - 05 | Anusara inspired Hatha yoga | - Frank Brooks |
| Feb 10 - 12 | Satyananda Gentle Yoga | - Cormac Lennon |
| Feb 17 - 19 | Hatha, Pranayama, Meditation | - Gabi Gillissen |
| Feb 24 - 26 | Body Breath Being | - Paul Whelan |
| Mar 02 - 04 | Satyananda Yoga & Meditation | - Tadhg Ferriter |
| Mar 09 - 11 | Anusara inspired Hatha yoga | - Kanta Barrios |
| €300 £245 Full | Board Residential weekend courses. | See video on website |
| Mar 16 - 18 | Hatha Yoga & Meditation | - Michael Ryan |
| Mar 23 - 25 | New Yoga Bootcamp | - Niamh Jones |
| Mar 30 - 01 | Anusara inspired Hatha yoga | - Frank Brooks |
| Apr 06 - 12 | 6 day Easter Asana & Pranayama | - David Muehsam |
| Apr 13 - 15 | Hatha yoga & Meditation Spring renewal | Uma Dinsmore-Tuli |
| Apr 20 - 22 | Body Breath Being | - Paul Whelan |
| Apr 27 - 29 | Hatha Yoga & Meditation | - Michael Ryan |
| May 04 - 07 | Bank Holiday Yoga TBD & Meditation | - TBD |
| May 11 - 13 | Bikram hot Yoga & Meditation | - Niamh Jones |
| May 18 - 20 | Anusara inspired Hatha yoga | - Kanta Barrios |