

## Burren Yoga Retreat

Eircode H91 KN72

Sat Nav 53.086653 North 8.955059 West

Address: Burren Yoga Retreat, Normangrove, Kinvara, Co. Galway, Eircode H91 KN72

Please note: You do NOT drive through Kinvara, since the new Motorway to Gort.

### Directions from Belfast, Drogheda or Dublin

- Skirt around Dublin on the M50 and take **EXIT 7** to the N4
- Take N4 road **signed “Galway, The West”**
- Continue onto Motorway M4 signed “Sligo” or “Galway” and stay on M4 for 45 Km
- Leave M4 at **Junction 11** signed “Galway”
- Continue onto M6 signed “Galway”. Stay on this motorway for approx 120 km
- Take **EXIT 18** signed for **M18 Limerick**
- Stay on M18 Motorway for approx. 27 Km
- Take **EXIT 16** signed **Gort R458**
- At roundabout(s) follow sign for Gort
- Drive into Gort 1/2 Km and take right at main square (opposite AIB bank beside white statue) signed Corofin R460
- After 1/2 km take right turn signed Kinvara (opposite SuperValue Supermarket)
- After 1.6 Km, take right turn signed "Kinvara L4519".  
**Be careful** Some people miss this turn. You should have measured 1.6 Km from SuperValue Supermarket, and after bad bend to left, this turn is next on right after the bend, and road dips down
- **If the road is closed due to flooding**, please continue on for a further 1.1 Km, take a right signed "Gort Golf club". Continue past the Golf Club and take a right at the T junction at the end. After 50 metres, take the left alongside Tirnevin church. Skip next line in directions.
- After 2.6 Km take right alongside Tirnevin church signed Kinvara.
- After 2.2 Km reach a fork with 2 signs. The right fork is signed Kinvara and the left fork has a sign Burren Yoga. You need to ignore two unmarked left turns before this fork with the signs.
- Take the left fork signed Burren Yoga.
- Follow road for approx 3 Km, straight through cross roads.
- The house is 1 Km after cross roads on LHS.
- Drive in over cattle grid, and take the immediate left marked **“Car Park”** and please park car neatly to allow others room to turn easily.

**Time to drive here from Dublin** all depends what time you leave Dublin on a Friday afternoon due to traffic.

Leave Dublin 2.00 PM approx 2.5 hours to get here

Leave Dublin 3.00 PM approx 3 hours to get here

Leave Dublin 4.00 PM approx 3.5 hours to get here

Leave Dublin 5.00 PM approx 4 hours to get here

### Important:

Please check list of what to bring with you on the website (see TAB “What to bring with you”) at

<https://www.burrenyoga.com/retreat-holidays/faqs-about-our-retreats/>

Or by going to the website [www.burrenyoga.com](http://www.burrenyoga.com) and then under “Retreats” and then “FAQs about our retreats” and then TAB “What to bring with you”